

Parish Communion 1st March 2026 - Lent 2

Please note: Sunday School today starts AFTER children's song.

O For a heart to praise my God Hymn 638

1 O for a heart to praise my God,
a heart from sin set free;
a heart that's cleansèd by the blood
so freely shed for me.

2 A heart resigned, submissive, meek,
my dear Redeemer's throne;
where only Christ is heard to speak,
where Jesus reigns alone;

3 a humble, lowly, contrite, heart,
believing, true and clean,
which neither life nor death can part
from him that dwells within;

4 a heart in every thought renewed,
and full of love divine,
perfect and right, and pure and good,
a copy, Lord, of thine.

5 Thy nature, gracious Lord, impart;
come quickly from above:
write thy new name upon my heart,
thy new, best name of love.

Greeting

O come let us sing out to the Lord;

let us shout in triumph to the rock of our salvation.

Let us come before his face with thanksgiving.

and cry out to him joyfully in psalms.

Come let us worship and bow down.

and kneel before the Lord our maker.

Glory to the Father, and to the Son, and to the Holy Spirit;

as it was in the beginning, is now, and shall be forever. Amen.

Collect for Purity

**Almighty God, to whom all hearts are open, all desires known,
and from whom no secrets are hidden;**

Cleanse the thoughts of our hearts

**by the inspiration of your Holy Spirit, that we may perfectly love you,
and worthily magnify your holy name; through Christ our Lord. Amen.**

Children's Spot

Lord I lift your name on high Thanks & Praise 91

Lord I lift your name on high
Lord, I love to sing Your praises
I'm so glad you're in my life
I'm so glad you came to save us
Lord I lift your name on high

You came from heaven to earth to show
the way
From the earth to the cross my debt to pay
From the cross to the grave
From the grave to the sky
Lord, I lift your name on high

Sunday School begins

Confession and Absolution

Lord, have mercy. **Lord, have mercy.**

Christ, have mercy. **Christ, have mercy.**

Lord, have mercy. **Lord, have mercy.**

Collect of the First Sunday in Lent

Epistle Hebrews 13:5-8

A Reading from Hebrews chapter 13 beginning at verse 5

Be satisfied with what you have, for he himself has said, I will never leave you or abandon you. Therefore, we may boldly say, The Lord is my helper; I will not be afraid. What can man do to me? Remember your leaders who have spoken God's word to you. As you carefully observe the outcome of their lives, imitate their faith. Jesus Christ is the same yesterday, today, and forever."

This is the word of the Lord **Thanks be to God**

Acclamations

Praise to you, O Christ, King of eternal glory.

Blessed are those who have endured temptation;
they have stood the test and will receive the crown of life.

Praise to you, O Christ, King of eternal glory.

Gospel

Hear the Gospel of our Saviour Christ, according to John chapter 5 beginning at verse 1
Glory to you, Lord Jesus Christ.

"After this, a Jewish festival took place, and Jesus went up to Jerusalem. By the Sheep Gate in Jerusalem there is a pool, called Bethesda in Aramaic, which has five colonnades. Within these lay a large number of the disabled—blind, lame, and paralyzed. One man was there who had been disabled for thirty-eight years.

When Jesus saw him lying there and realized he had already been there a long time, he said to him, "Do you want to get well?" "Sir," the disabled man answered, "I have no one to put me into the pool when the water is stirred up, but while I'm coming, someone goes down ahead of me." "Get up," Jesus told him, "pick up your mat and walk." Instantly the man got well, picked up his mat, and started to walk.

Now that day was the Sabbath, and so the Jews said to the man who had been healed, "This is the Sabbath. The law prohibits you from picking up your mat." He replied, "The man who made me well told me, 'Pick up your mat and walk.' "Who is this man who told you, 'Pick up your mat and walk'?" they asked. But the man who was healed did not know who it was, because Jesus had slipped away into the crowd that was there.

After this, Jesus found him in the temple and said to him, "See, you are well. Do not sin anymore, so that something worse doesn't happen to you." The man went and reported to the Jews that it was Jesus who had made him well."

This is the Gospel of the Lord. **Praise to you, Lord Jesus Christ.**

Sermon

Nicene Creed *stand*

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God,
Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven,
was incarnate by the Holy Spirit of the
Virgin Mary,
and was made man
For our sake he was crucified under
Pontius Pilate;
he suffered death and was buried.**

Prayers of the People

Lord, in your mercy **Hear your prayer** *finishing with*
Merciful Father **accept these our prayers**
for the sake of your Son, our Saviour Jesus Christ. Amen.

The Peace

The Peace of the Lord be always with you **and also with you**

Before the throne of God above Thanks & Praise 11

1 Before the throne of God above
I have a strong, a perfect plea:
a great high priest, whose name is Love,
who ever lives and pleads for me.
My name is written on his hands,
My name is hidden on his heart;
I know that while in heaven He stands
no power can force me to depart x2

2 When Satan tempts me to despair,
and tells me of the guilt within,
upward I look, and see him there
who made an end of all my sin.
Because the sinless Saviour died,
my sinful soul is counted free;
for God, the just, is satisfied
to look on him and pardon me x2

3 Behold Him there, the risen Lamb my perfect, sinless righteousness,
the great unchangeable I AM, the King of glory and of grace!
One with my Lord I cannot die: my soul is purchased by His blood,
my life is safe with Christ on high, with Christ, my Saviour and my God x2

Taking the Bread & Wine

Christ our passover has been sacrificed for us **therefore let us celebrate the feast.**
The Lord is here **His Spirit is with us.**

**On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the
Father.**

**He will come again in glory to judge the
living and the dead, and his kingdom
will have no end.**

**We believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father and the
Son,
who with the Father and the Son is
worshipped and glorified,
who has spoken through the prophets.
We believe in one holy catholic and
apostolic Church.**

**We acknowledge one baptism for the
forgiveness of sins.**

**We look for the resurrection of the dead,
and the life of the world to come. Amen.**

Lift up your hearts. **We lift them to the Lord.**

Let us give thanks to the Lord our God. **It is right to give our thanks and praise.**

Father, almighty and everliving God . . . for ever praising you and saying:

**Holy, holy, holy Lord,
God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest!
Blessed is he who comes in the name of the Lord.
Hosanna in the highest!**

Blessed are you, Father, . . . we do as Christ your Son commanded:

**we remember his passion and death,
we celebrate his resurrection and ascension,
and we look for the coming of his kingdom.**

Accept through him, . . . in the unity of the Holy Spirit,
all honour and glory are yours, Almighty Father, for ever and ever. Amen.

The Lord's Prayer

Breaking Bread

The bread which we break is a sharing in the body of Christ.

We being many are one body, for we all share in the one bread.

Receiving Communion *AT CHANCEL STEPS AND THE REAR OF THE MAIN AISLE*

Prayers after Communion and Blessing

**Almighty God,
we thank you for feeding us
with the spiritual food
of the body and blood of your Son Jesus Christ.
Through him we offer you our souls and bodies to be a living sacrifice.
Send us out in the power of your Spirit
to live and work to your praise and glory. Amen.**

Praise my soul Hymn 366

Praise, my soul, the King of heaven;
to his feet thy tribute bring.
Ransomed, healed, restored, forgiven,
who like me his praise should sing?

**Praise him! Praise him!
Praise the everlasting King.**

2 Praise him for his grace and favour
to his people in distress;
praise him still the same for ever,
slow to chide, and swift to bless:

**Praise him! Praise him!
glorious in his faithfulness.**

3 Father-like, he tends and spares us;
well our feeble frame he knows;
in his hands he gently bears us,
rescues us from all our foes.

**Praise him! Praise him!
Widely as his mercy flows.**

4 Angels, help us to adore him;
ye behold him face to face;
sun and moon, bow down before him;
dwellers all in time and space.

**Praise him! Praise him!
Praise with us the God of grace.**